



Minnesota Poison Control System

www.mnpoison.org

Creating Displays: Medicine and Candy Binder

Description: A medicine and candy binder is an effective way to show adults how difficult it can be to distinguish between medicine and candy, especially for children.

Materials:

- A 3 inch binder
- Several 3 hole clear plastic sheet protectors
- Several 8 ½ x11 white copy sheets
- Several snack size closable plastic bags
- Tape and scissors
 - Gummy Vites® vitamins and GummyBears® candy
 - Throat drops and same color candy
 - Green cold formula caplets and Jelly beans
 - Aspirin and Smarties
 - Flavored Tums® tablets and same color SweetTarts®
 - White Tylenol® extra strength caplets and Good' n Plenty®
 - Cold relief pops and Lollipops
 - Red Tylenol® extra strength tablets and Red Hots® candy
 - Exlax® and chocolate bar

***NOTE: The above items were chosen for illustrative purposes only. The Minnesota Poison Control System does not intend to imply that these items are dangerous if used as directed.*

Preparation:

1. Make a label for the outside of your binder titled: *"Can You Tell the Difference?"* or *"Is it Candy or Medicine?"*
2. Place a few of each pills into separate plastic bags. Do the same for the candy.
3. Tape each pair of look-a-like candy and medicine bags onto the copy sheet next to each other.
4. On the backside of the copy sheet (behind the product), write the name of each product or cut and tape the label from the actual product.
5. Then insert each sheet into the plastic sheet protector and place it in the binder.

Instruction:

Use the binder in a guessing game. Have children or adults line up, and one at a time, decide which bag contains the candy and medicine. They can flip the page to see if they are correct.